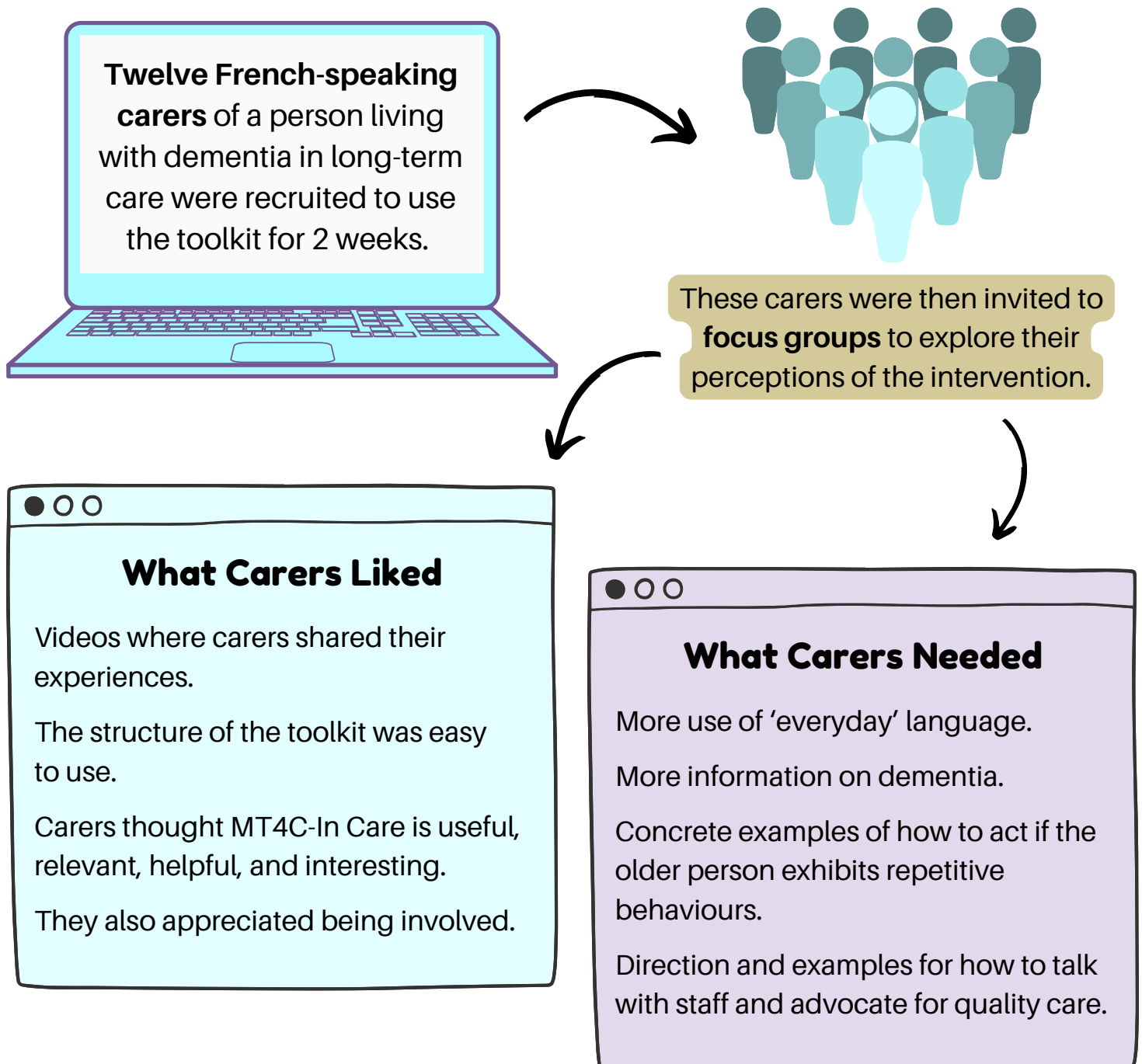


Supporting Family Carers of Persons Living with Dementia: French Translation and Adaptation of My Tools 4 Care-In Care

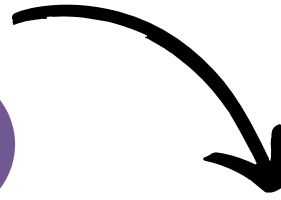


My Tools 4 Care-In Care (MT4C-In Care) is an **English** online toolkit designed to support family carers with the changes they experience while caring for an older adult living with dementia in a long-term care home.

The purpose of engaging with **French carers** was to **translate** the MT4C-In Care toolkit into French and **adapt** it to fit a new cultural context.



Following the focus groups, **revisions were made** to the French version of MT4C-In Care to include **more resources** about medications and **more strategies** to manage challenging behaviours.



Next Steps

About 20 carers from Canada's Francophone community will be recruited to **evaluate the acceptability and feasibility** of the toolkit, housed on **ASANT Café**.

Thank You

We would like to extend our sincere thanks to the participants who helped us in this phase of our project.



MT4C-IN CARE IS NOW PUBLICLY AVAILABLE IN FRENCH & ENGLISH ON ASANT CAFÉ.



French: <http://asantcafe.ca/learn/9>

English: <http://asantcafe.ca/learn/6>

If you have any questions or would like more information, you may contact the research team at: mt4cic@ualberta.ca

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